Department of Mental Health & Addiction Services

Mike DeWine, *Governor*
Jon Husted, *Lt. Governor*
Lori Criss, *Director*

Ohio's Behavioral Health Priorities
Real Results for Ohioans

October 19, 2023
Director Lori Criss

AGENDA

- Review of Governor DeWine's Budget Priorities
- OhioMHAS Budget/Behavioral Health Highlights
- Q&A

Governor Mike DeWine's Behavioral Health Priorities

Building a community care system that increases prevention efforts

Offering better crisis response services and treatment options

Growing our behavioral health workforce
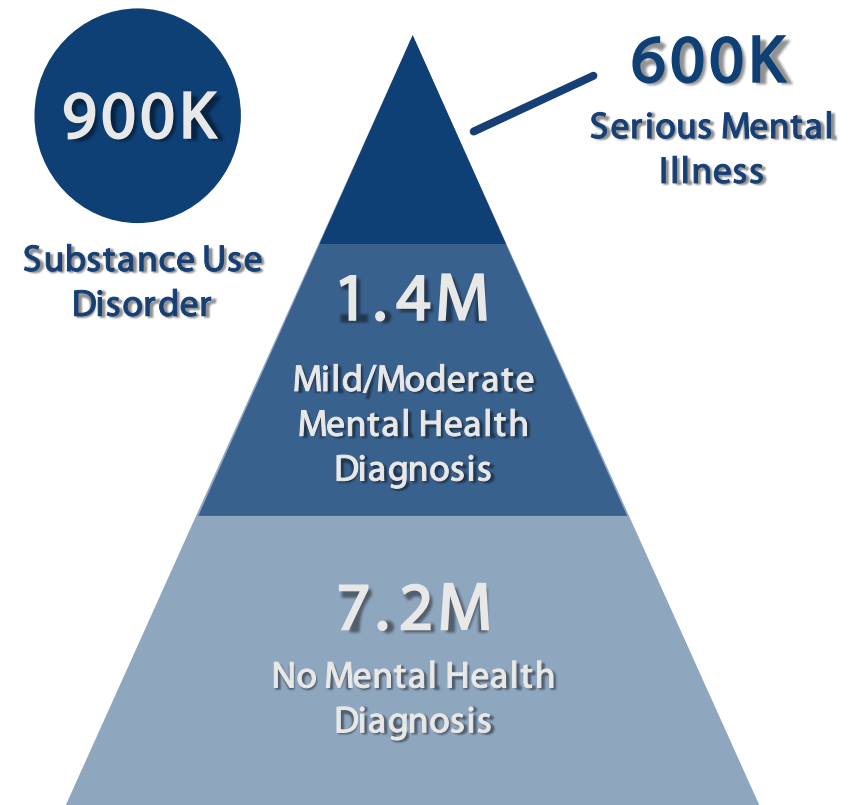
Focusing on much-needed research and innovation

Ohio Department of Mental Health & Addiction Services

QUICK FACTS: OUR CITIZENS

19

Each day, 19 Ohioans die prematurely from unintentional overdose or suicide, ranking these conditions alongside cancer, heart disease, and diabetes as leading causes of death in Ohio.

Youth Behavioral Health Insights	2021 Ohio High School Girls	2021 US High School Girls
Feelings of sadness and/or hopelessness	56.2%	57%
Considered suicide	31.7%	30%
Attempted suicide	15.4%	13.0%
Experienced sexual violence	21%	18%

Estimated Prevalence of Mental Health Issues Among Adults in Ohio

900K
Substance Use Disorder

600K
Serious Mental Illness

1.4M
Mild/Moderate Mental Health Diagnosis

7.2M
No Mental Health Diagnosis

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QUICK FACTS: THE NEED

Demand

Demand for behavioral health services **increased 353%** from 2013-2019, while the workforce increased only **174%.**

Workforce

11 Years

The average delay between symptom onset and treatment.

2.4 Million

Number of Ohioans who live in communities without enough behavioral health professionals.

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Growing a Strong and Supported Workforce

PRIORITY

In conjunction with federal funding allocated for workforce initiatives, the MHAS budget contains funding to support the recruitment, retention, and contemporary practice needs of BH professionals through:

- Increased rates for behavioral health providers.

- Continued support for Ohio's Centers of Excellence and a Technical Assistance Center to provide educational and training opportunities around evidence-based best practices, data sharing, and learning collaboratives.

- Building the behavioral health workforce in pediatric inpatient and residential settings for children and youth.

REAL RESULTS FOR OHIOANS
Growing Ohio's Peer Specialist Network
Ohio now offers three types of Peer Supporter certifications, and nearly 6,000 Ohioans have successfully completed Peer Supporter training.

GROWING OHIO'S WELLNESS WORKFORCE

- Release of workforce roadmap
- Great Minds Fellowship
- Medicaid changes to support peer supporters in behavioral health settings
- For more information, please visit: https://mha.ohio.gov/about-us/priorities/workforce

Ohio's Behavioral Health System Workforce Strategy Development – Final Roadmap

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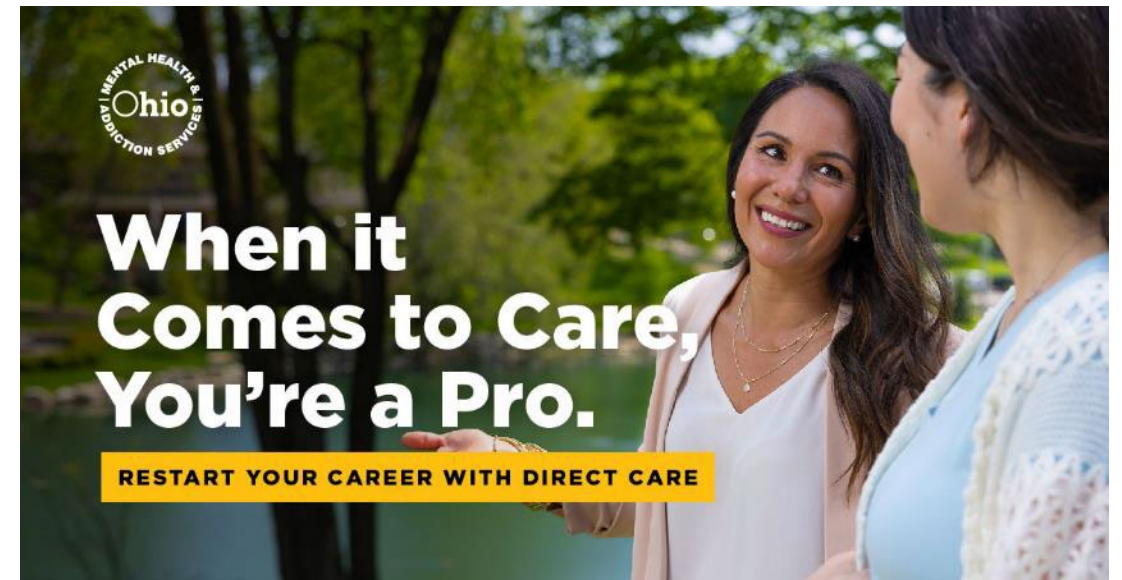
PROJECT OVERVIEW

Ohio's Department of Mental Health and Addiction Services (OhioMHAS) is committed to enhancing the Behavioral Health (BH) Workforce in Ohio through the implementation of a **four phased project** that aims to define strategies to address the key challenges within four Wellness Workforce Priorities.

Wellness Workforce Priorities

Increasing Career Awareness

Supporting Recruitment

Supporting Contemporary Practice

Incentivizing Retention

The Advisory Council prioritized 22 Initiatives and sequenced them across 4 years.

PHASE 2

Based on key findings from Phase 1 ("Behavioral Health Workforce Supply and Demand Report"), the goal in Phase 2 was to develop Ohio's BH Workforce Roadmap outlining an implementation plan for initiatives that include cultural competency considerations.

Phase 2 Approach:

1. Collected qualitative data from 4 focus groups, 27 individual interviews, and a widely distributed survey (2,000+ responses)
2. Convened a Bi-Weekly Advisory Council to brainstorm, prioritize, and provide feedback
3. Summarized 79 key initiatives within 10 solution categories and presented in the Synthesis Report

Next Steps

Owners & Stakeholders

Reporting

Project Plan

Roles & Responsibilities
Identify initiative owners, project participants, SMEs & Stakeholders and define their roles and responsibilities (including meeting cadence and communication methods)

Reporting Mechanism
Create initiative-specific templates for providing regular status updates, tracking decisions, risks, and issues and establish mechanism to track funding (need & spend)

Project Plan
Create initiative-specific project plans defining required level of effort, milestones, key performance indicators, tasks, dependencies, durations, and start and end dates

CULTURAL COMPETENCY CONSIDERATIONS

It is crucial to ask the following when undertaking new initiative to promote cultural competency:

☑ Whose voices and experiences are being prioritized when making decisions? How can more voices be included?

☑ Who will feel the disproportionate impact of these decisions? Are they included in the decision-making process?

☑ What additional training or information related to cultural competence would be advantageous?

☑ What advancements have been made to ensure diverse representation & entry for marginalized communities?

☑ What foundational cultural competence is necessary for all stakeholders to have to ensure equitable delivery?

Purpose

1 **GROW** high-quality training and academic programs in Ohio's colleges and universities.

2 **BOOST** the number of qualified graduates who are trained and ready to enter the behavioral health workforce.

3 **FILL** unmet need for behavioral health services in home and community-based settings.

GOAL
Grow the number of Ohioans entering behavioral health professions in the next two years

The Ohio Wellness Workforce
GREAT MINDS FELLOWSHIP

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ELIGIBLE FIELDS OF STUDY & ALLOWABLE EXPENSES

Social Work

Marriage & Family Therapy

Mental Health Counseling

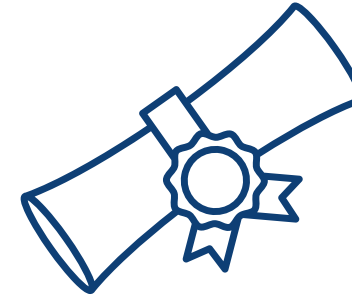**Psychiatric & Mental Health Nursing**

Substance Use / Addiction Counseling

Scholarship Opportunities

Paid Internships at CBHCs

License or Certification Prep or Exams

Misc. Degree or Certification Expenses

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Questions? Email
workforce@mha.ohio.gov

EXPANDING PEER SUPPORT

Additional certifications: Peer, Youth, Family

Adding MH Peer Support to Medicaid benefit in 2024

Streamlined certification process

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WELCOME BACK CAMPAIGN

- Incentivizing behavioral health professionals to return to the workforce
- Campaign launching soon

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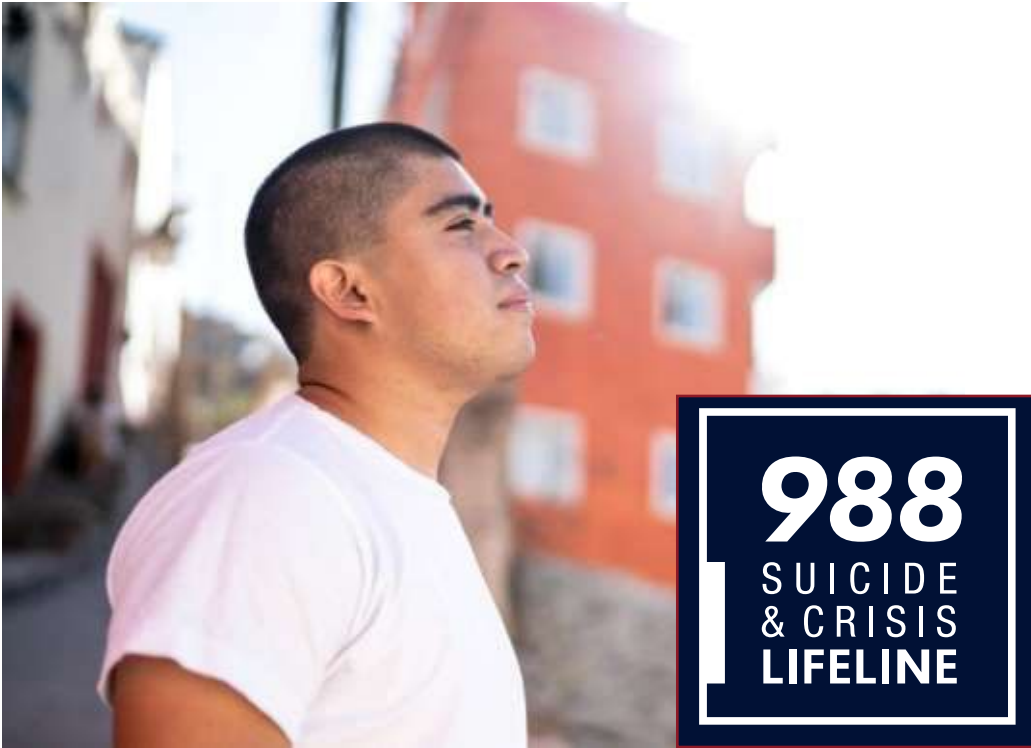
Building 988 Suicide and Crisis Response

$86.5M across the biennium

988 SUICIDE & CRISIS LIFELINE

Department of Mental Health & Addiction Services
Ohio

Provide Ohioans in crisis with an appropriate behavioral healthcare response, connect them to needed supports close to home, and reduce the burden on local law enforcement and emergency departments through:

- Supporting the ongoing operations and strengthening of 988 and crisis services in Ohio.

- Flexible funding to help grow Ohio's local crisis services and infrastructure through locally identified needs and gaps that provide Ohioans with an appropriate response and safe place to have their crisis needs met.

REAL RESULTS FOR OHIOANS
Ohio's 988 Lifeline Centers answer over 11,000 calls, chats, and texts each month from Ohioans and their families reaching out for help.

988 SUICIDE & CRISIS LIFELINE

- Expanding capacity
- Helping more Ohioans
  - 11,000 calls/chats/texts each month
- Public awareness campaign

2,007 average number of chats per month received from Ohio area codes from July 2022-May 2023.

2,014 average number of texts per month received from Ohio area codes from July 2022-May 2023.

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ARPA $90M CRISIS FUNDING IMPACT

- Over 225 new residential beds for Ohioans in crisis

- 5 Behavioral Health Urgent Care clinics

- 2 new Crisis Intervention and Observation units

- 6 new mobile crisis services teams

- 4 technology upgrade projects

- 2 crisis consultancy projects

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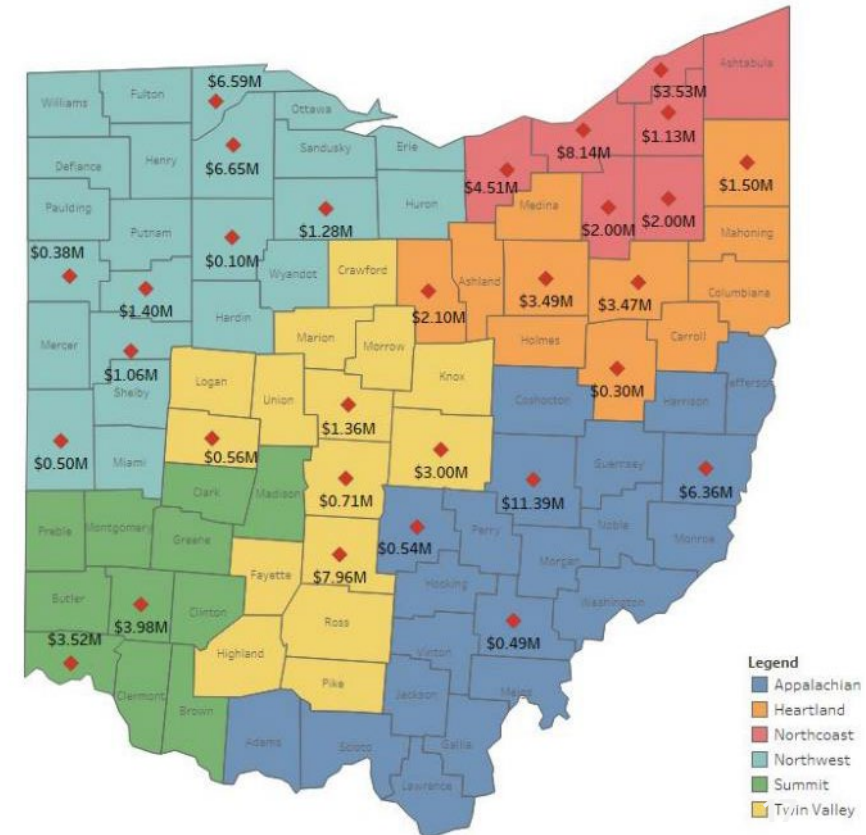
OVERDOSE PREVENTION

• Naloxone Distribution • Fentanyl Test Strip Distribution • OH Against OD •

Annual Project DAWN Data 2014-2022

— Number of Naloxone Kits Distributed/Placed*

— Number of Persons Trained†

— Number of Known Overdose Reversals

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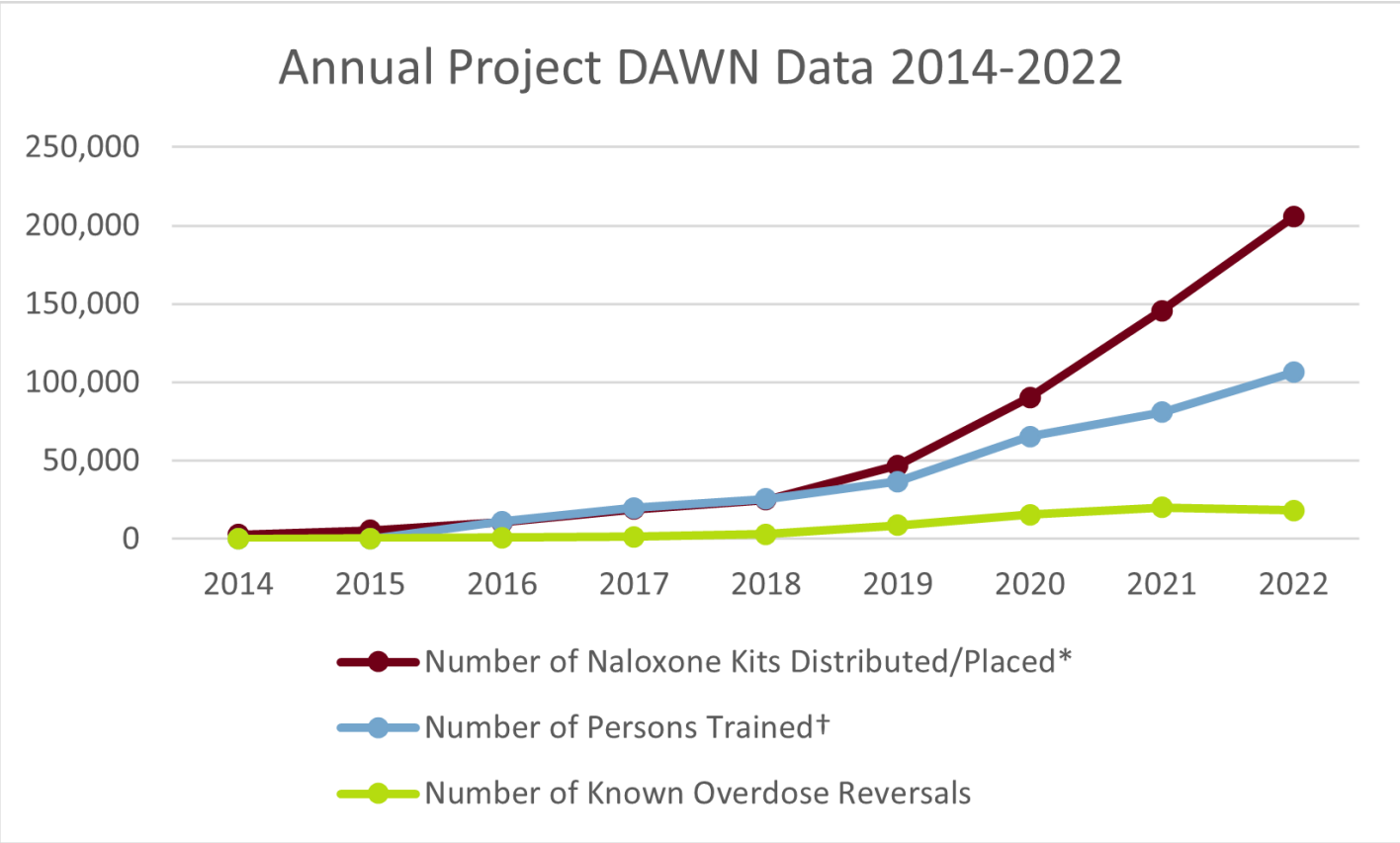
Building Resiliency through Prevention and Early Identification

$13.9M across the biennium

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PRIORITY

Promote mental health awareness and resiliency to help all Ohioans achieve their full potential through:

- Prevention, early intervention, and suicide prevention priorities of Ohio's 2020 Suicide Prevention Plan, to increase the number of Ohioans trained to recognize warning signs and promote protective factors, resiliency, and stigma-reduction, specifically for at-risk populations.

- Expanding Ohio's Student Assistance Program.

- Student Wellness and Success.
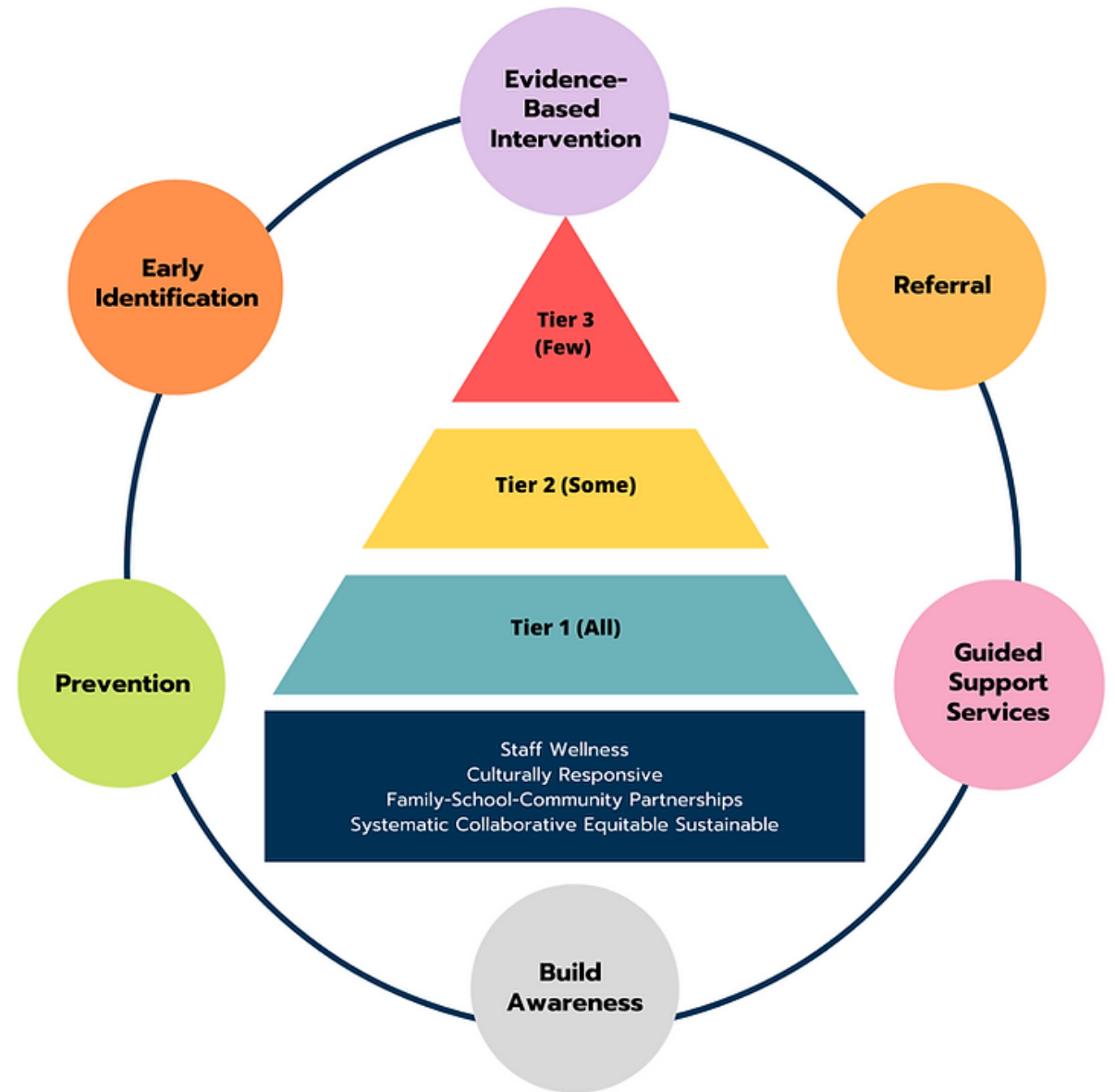
REAL RESULTS FOR OHIOANS
Ohio piloted a Student Assistance Program in over 70 schools across Ohio in the last biennium, and this budget will help expand this valuable prevention framework to more schools.

What does SAP look like in schools?

The Student Assistance Team works to connect students to resources to remove barriers to learning. SAP does not provide treatment for students but can refer students to community resources for further assessment and treatment.

Ohio's SAP model provides a continuum of care, including (1) awareness, (2) prevention, (3) early identification, (4) evidence-based intervention, (5) referral processes, and (6) guided support services.

When a concern arises and is referred to the Student Assistance Team, the team can begin identifying the concern. A team then collects and reviews objective student information as well as engages the caregiver(s) and student to learn more. With this information, the team develops a plan to remove learning barriers and use school-based and/or community-based resources. Team members follow up with the implemented plan and provide case management and monitoring.

Evidence-Based Intervention

Early Identification

Referral

Tier 3 (Few)

Tier 2 (Some)

Tier 1 (All)

Prevention

Guided Support Services

Staff Wellness
Culturally Responsive
Family-School-Community Partnerships
Systematic Collaborative Equitable Sustainable

Build Awareness

www.ohioschoolwellnessinitiative.com/what-is-sap

MENTAL HEALTH RESOURCES FOR COACHES

In partnership with the Ohio Department of Education, our Department has developed a new webpage providing coaches with a list of approved trainings currently available in the community.

Please visit: https://mha.ohio.gov/supporting-providers/training-and-resources/mental-health-training-for-odes-coaching-permits for more information.

For questions, please reach out to: MHCoachesTraining@mha.ohio.gov.

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Ohio

Enhancing Pediatric Behavioral Health

$50M in one-time funds for the biennium

PRIORITY

Increase capacity for treatment for children with serious behavioral health conditions so that they can recover closer to home and Ohio can reduce out-of-home placements and out-of-state treatment transfers that families rely on today.

- Build the behavioral health workforce in pediatric inpatient settings for children and youth.

- Enhance residential treatment environments to create Psychiatric Residential Treatment Facilities in Ohio so that families do not have to pursue this intensive secure treatment out of state.

- Support statewide expansion of MRSS.

REAL RESULTS FOR OHIOANS
OhioRISE

- Over 20,000 youth are enrolled in OhioRISE to receive treatment and wrap around services.
- Over 4,500 children, youth, and families across the state have been helped through Mobile Response Stabilization Services.
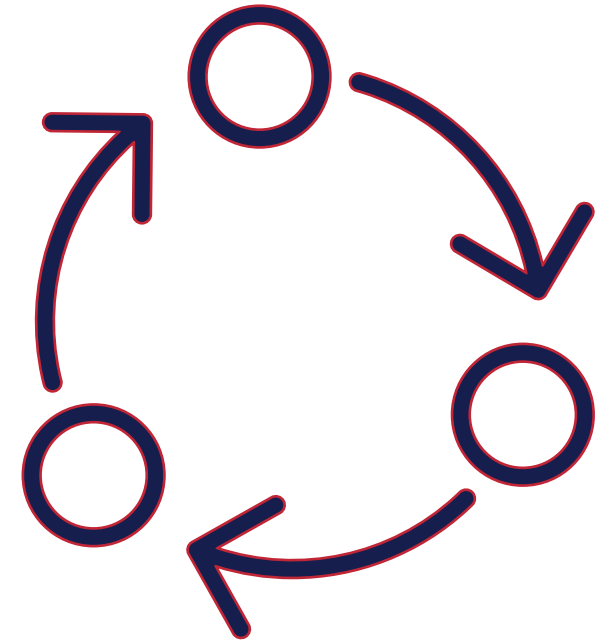
MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS)

Current:

- 23 organizations provide MRSS
- Available in 39 counties
- 8 providers operate 24/7
- State-wide call center operates 24/7
- Last year more than 5,500 calls

PLAN TO GO STATEWIDE IN JULY 2024

Watch NewsNow for opportunities

for public comment.

MRSS OHIO

MOBILE RESPONSE STABILIZATION SERVICES

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PSYCHIATRIC RESIDENTIAL TREATMENT FACILITY (PRTF)

Youth with the most serious behavioral health issues get the help they need close to home with family engagement, so they have the best chance to get well and stay well.

Coming in November 2023.

Expanding Inpatient Access for Acute Level Care

PRIORITY

Expand state hospital bed capacity, ensure hospital staff and patient safety, and alleviate stress placed on adjacent systems, such as local jails and courts, through:

- Growing State Hospital capacity by 30 beds and adding staffing support.

- Leveraging the availability of beds at private psychiatric hospitals for vulnerable Ohioans without coverage ($14M).

- Medicaid is updating payment strategy for hospital beds to increase access

REAL RESULTS FOR OHIOANS
Hospital Access Program
By leveraging available private hospital beds, over 3,400 vulnerable Ohioans have received timely access to inpatient care (as of May '23).

Expanding Jail and Forensic Services

$63.5M across the biennium

PRIORITY

Help criminal-justice involved Ohioans connect with treatment and recovery supports through:

- Enhancing forensic center capacity for court-ordered evaluations and monitoring and continued support for Ohio's specialty courts.

- Improving the ability of jails to offer addiction services and psychotropic medications to help these Ohioans receive the care they need with the goal of reducing recidivism and increasing public safety.

- Authorizes jail-based competency restoration.

REAL RESULTS FOR OHIOANS
Specialty Courts
These courts helped over 7,400 Ohioans, resulting in a 3% recidivism rate at Ohio's prisons and 1% rate at juvenile facilities (as compared to 21% and 33% respectively in FY22).

Growing Wellness and Recovery Supports

$21.5M across the biennium

PRIORITY

Continue to grow coordinated community treatment and recovery supports for Ohioans living with mental illness and substance use disorders, with the goal of achieving wellness and reducing costly hospital admissions and jail stays.

- Continued funding for Adult Access to Wellness project (formerly Multi-System Adults) to connect these Ohioans with needed resources like housing, transportation, medication, and employment supports.

- Expanded funding for Peer Recovery Organizations, Clubhouses, and youth peer supports across Ohio.

REAL RESULTS FOR OHIOANS
Adult Access to Wellness
72% of participants were not re-hospitalized and 88% were not re-incarcerated (FY22).

Increasing Housing Options and Enhancing Quality

$64.5M across the biennium

PRIORITY

Support quality housing options for Ohioans living with and recovering from mental health and substance use disorders by:

- Increasing the Residential State Supplement ($48M).

- Growing quality Recovery Housing across the state.

- Continued support for community transition programs to help people with mental illness and substance use disorders successfully reenter their community upon release from Ohio's adult prison system.

REAL RESULTS FOR OHIOANS
Community Transition/Linkage Programs
Over 15,000 Ohioans in 57 counties received transition support services (FY 22).

ACCESS TO WELLNESS

A strategic approach to strengthen local systems collaboration to support long-term wellness for adults with frequent psychiatric hospitalizations touching multiple human services and/or criminal justice systems.

- Governor DeWine introduced this initiative in the SFY 2022 budget

- $12 million in funding for the SFY24-25

- 45 ADAMHS Boards participating

Department of Mental Health & Addiction Services

FY23 SUMMARY – INDIVIDUALS SERVED

45 County ADAMHS Boards participating

1,578 individuals were served in FY23 (400 individuals served in FY22)

The majority of individuals served were involved with three systems:

- Homeless, Criminal Justice, Jail Incarceration

After receiving help from an Access to Wellness program:

- 81% did not experience inpatient psychiatric hospitalization
- 90% did not experience incarceration
- 96% did not experience a crisis stabilization unit stay

Ohio **Department of Mental Health & Addiction Services**

OHIO VISION FOR INTEGRATED BEHAVIORAL HEALTHCARE

OhioMHAS established a vision for the integration of care between mental illness and substance use disorders that emphasizes accessibility of services and cultural competence.

Ohio's Integrated Care for Mental Illness & Substance Use Disorder

Your Care. In Your Community. In Your Hands.

Ohio's behavioral health system will deliver **better access, better treatment, better outcomes, and better experience** of care for Ohioans of all ages. Those in need of services and their families will feel **welcomed, valued, and will increase understanding** and personal ownership of their behavioral healthcare, recovery, and wellness.

Ohio's behavioral health system will serve as a model where Ohioans **thrive and live up to their full potential** regardless of where they live.

Integrated mental health and substance use disorder services will be responsive and delivered in a **high quality and easily accessible system** of care that is **holistic and culturally informed**, making those in need of services feel welcomed and valued.

CCBHC
Certified Community
Behavioral Health Clinic

Ohio Department of Mental Health & Addiction Services

# CCBHC PLANNING GRANT PERIOD TIMELINE

Grant Award

March 2023

Under the leadership of Directors Criss (OhioMHAS) and Corcoran (ODM) **Ohio was one of 15 states awarded a $1 million, one-year CCBHC federal planning grant** from SAMHSA.

WE ARE HERE

Planning Grant

As part of the planning process, Ohio will **develop a future CCBHC Demonstration timeline** that considers time needed to make regulatory and systems changes as well as **planning for operational activities necessary to support providers** for a successful future implementation.
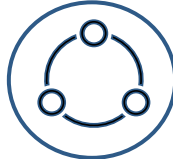
Demonstration Application

March 2024 or later

The culmination of the planning grant is preparation of an application to **participate in a four-year CCBHC Demonstration.**

*While the planning grant is available for a one-year period, additional activities **may extend beyond the planning grant period.***

Department of Mental Health & Addiction Services | Department of Medicaid

Kickstarting Innovation and Research for Wellness and Recovery

Better access,
Better experience of care,
Better outcomes
For more Ohioans.

Department of Mental Health & Addiction Services

Governor Mike DeWine's Strategy for Innovation in Behavioral Health

State of Ohio Action for Resiliency Network

A strategic research and practice collaborative improving behavioral health outcomes for all Ohioans

State Leadership

OhioMHAS will establish the SOAR Network Advisory Board of State Agencies & community partners.

Strategic Research Agenda

Create an agenda to answer the most pressing questions through competitive opportunities for research.

Certified Dataset

Create a certified dataset for use in investigative research in the prevention, harm reduction, treatment, and recovery of mental illness and substance use disorders.

Workforce Development

Provide a hub of learning and practice development for cutting edge research to be quickly translated into practice.

State of Ohio Adversity & Resiliency Study

A statewide longitudinal study conducted by a statewide network of academic, medical, and community partners anchored at The Ohio State University Wexner Medical Center to examine root causes of mental illness and addiction and discover new targets for more personalized and effective prevention and treatment.

Other Behavioral Health Highlights from Across the Administration

Ohio Department of Education and Workforce

Student Wellness and Success (Enhanced accountability; BH wellness coordinators)

MH training for athletic coaches

Ohio Department of Higher Education

Continuation of Funding for Mental Health Supports

New Department of Children and Youth

Social Media Parental Notification Act

Department of Mental Health & Addiction Services

There is hope.

988
SUICIDE & CRISIS LIFELINE
Ohio

Talk with us.

If someone you know needs support now,
call or text 988 or chat 988lifeline.org

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