

Together We Can Change the Clinical Research Professional Landscape

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Associate Dean for Clinical Research

May 19, 2023



Clinical Trials Day
May 20

TOGETHER
WE CAN

Today's outline

- My timeline
- Infrastructure & building trust to support clinical research
- Changing the research culture
- Barriers to recruitment & retention
- PI engagement
- AMC socio-technical ecosystem
- What's at stake if we don't do something?
- Hiring – good humans and talent

Before Duke...



Applied Nutrition

1989-1993

Dietary Recall Interviewer

1991-1993

Lab Assistant (John Milner's garlic lab)



1992-1993

1993-1994

Data Manager & Nutritionist

1994-1995

Graduate Research Assistant – Ed Lab

1995-1997

1997-1998

1998-2000

Research Project Manager

2000-2007

RMT creation

2007-2012

Director of Clinical Research Operations

April 2012

Assistant Dean of Clinical Research

July 2012 – June 2013

Associate Dean

July 2013 - now

NewYork-Presbyterian
The University Hospital of Columbia and Cornell



Dietetic Internship

WIC Director – Stanly County



Nutritionist-
Moses Cone Health System

Evidence Based Guidelines

Website CSO

Chair

Oncology Nutrition

a dietetic practice group of the American Dietetic Association





Duke Clinical Research

Circa 2000-2012



Fulfilling this Role

- Not reasonable for most staff
- Work a lot for a career ladder that was unclear
 - Highly involved in my oncology RD professional group
 - Cross-collaborative team was supportive
 - If I walked away, the house of cards was going down
- It was tough to build the team out under one PI
 - Funding pressures
 - No clear path for staff to grow



Contracts

2007

DIY Research

Funding



Wendy Demark-Wahnefried, PhD

Data security

Staffing

IRB

Publishing



Project Management

Data management

Grant writing

Information Technology

Compliance

Students

Federal Regulations

Billing

Duke had data problems, staffing issues, fragmented infrastructure – I had a team dedicated to investigator-initiated research in SON

- CTSA formed collaborative partnership with School of Nursing's Research Management Team (RMT)
- School of Medicine explored adoption of the RMT model to address this need

The screenshot shows the REDCap website interface. At the top left is the REDCap logo with the tagline "Research Electronic Data Capture". To the right is a "Consortium Wiki (Login Required)" link. Below the logo is a navigation menu with tabs for "Introduction", "Software", "Consortium Partners", "Become a Partner", "Video Resources", "Citing REDCap", and "Library". The main content area includes a paragraph about the consortium's 914 active institutional partners and 74 countries, and another paragraph about the application's use by over 121,000 users. A "Recent publications using REDCap" box highlights a paper on the Fontan Registry. Below the text is a "Map of REDCap Consortium Partners" showing a world map with red pins indicating partner locations. To the right of the map is a group photo of the RMT team, consisting of ten people in professional attire.



April 2012

***REINVENTING* research support...Duke Office of Clinical Research (DOCR)**

- Ease the navigation challenges through:
 - Investigator support
 - Study team training and development
 - Process improvement



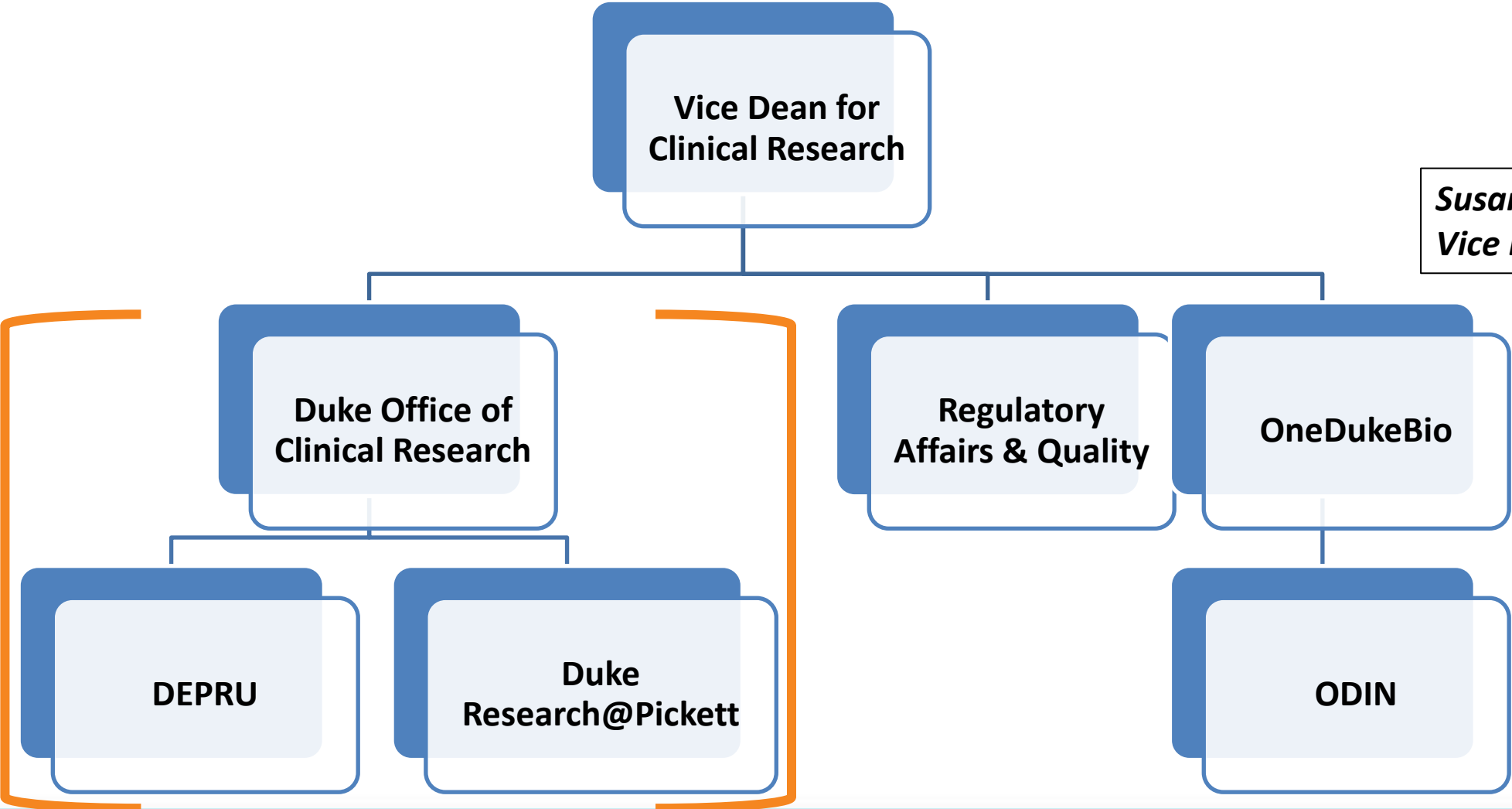
“One stop shop”

Snyder DC, Brouwer R, Ennis CL, Spangler LL, Ainsworth TL, Budinger S, Mullen C, Hawley J, Uhlenbrauck G, Stacy M. Retooling institutional support infrastructure for clinical research. Contemp Clin Trials. 2016 May;48:139-45

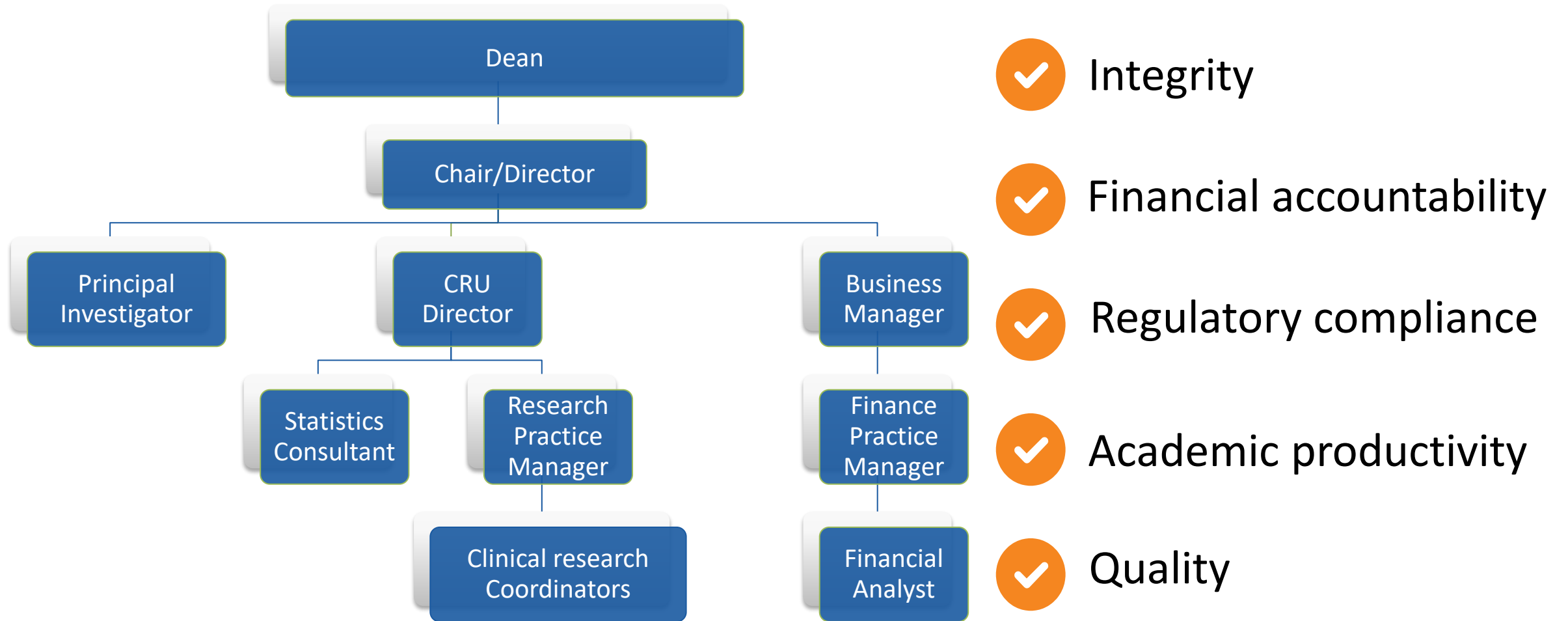
Duke Clinical Research 2023



*Susanna Naggie, MD
Vice Dean, Clinical Research*



Duke Clinical Research Units (CRU)



Why do we do what we do?



For AMCs, research is a collaboration not a service.

Changing the Research Culture



Put customer service FIRST



Inspire staff as a community



Build partnerships based in trust



Required an overhaul of our research jobs

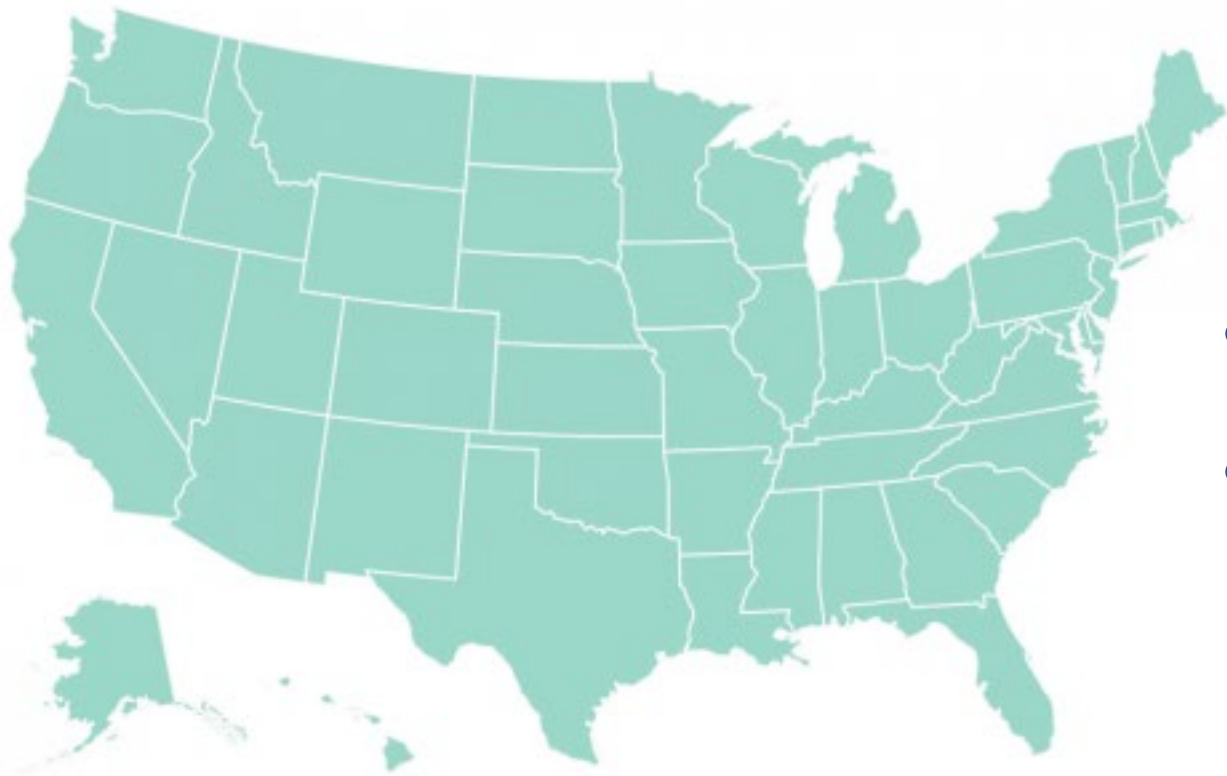


Established career ladders



Need for targeted training and professional development

Across the US - for every experienced CRC seeking work, there are 7 jobs posted.



- CRNs - 1:10
- Regulatory affairs - 1:35

Barriers to successful recruitment and retention of a highly trained and diverse CRP workforce

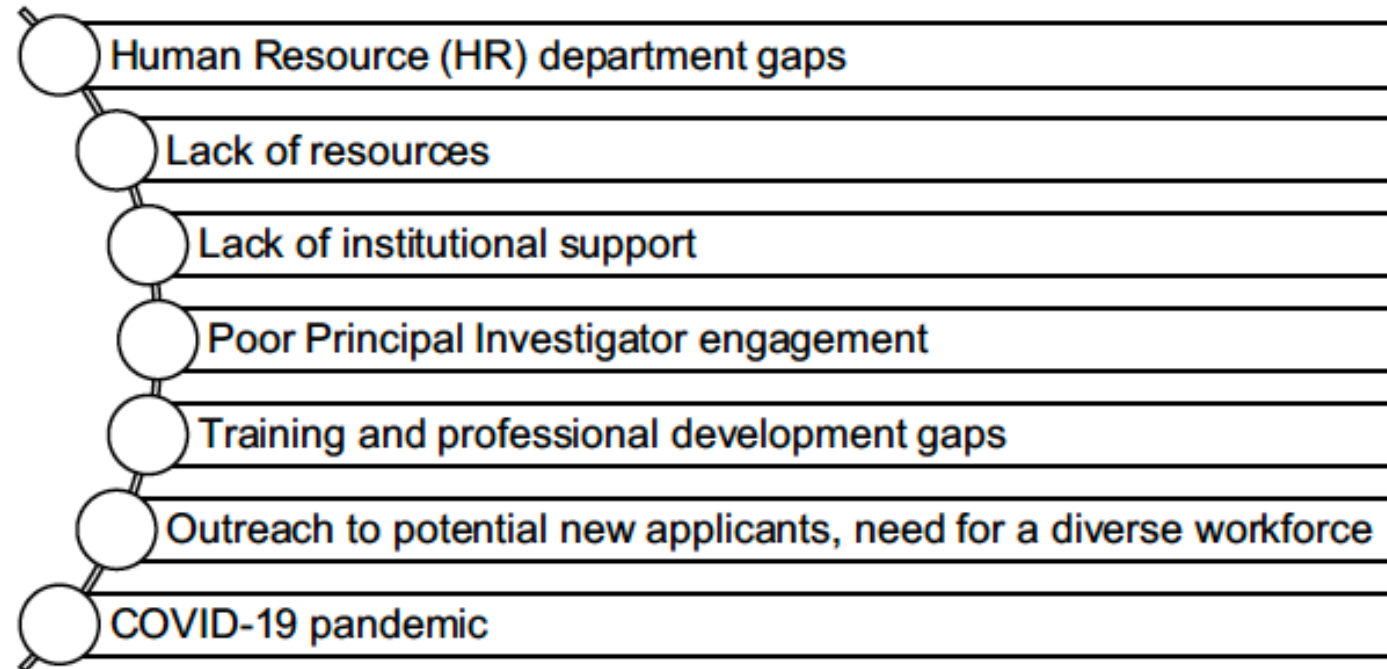


Fig. 1. Key barriers.

PI engagement – what are the issues?

- No time to manage staff
- May not understand CRP job titles, duties, or the need for a career ladder - “cogs in the wheel”
- May need training on creating an inclusive environment that **values** CRPs as members of the research team
- High quality staff can positively impact regulatory compliance, data quality, and publication quality
- Inconsistency in the promotion of CRPs, moving staff between tracks based on “cost”

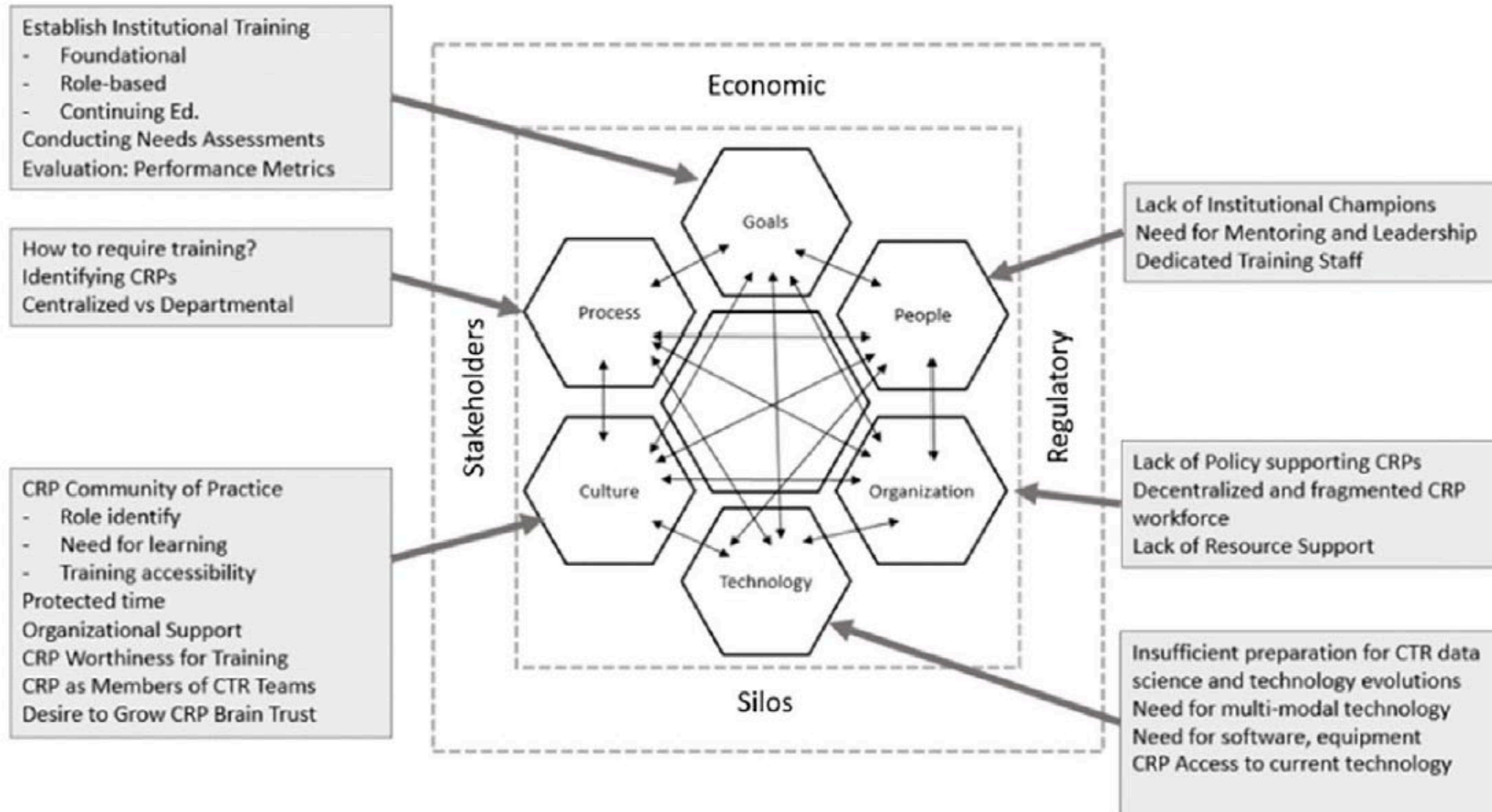



Fig. 3. Addressing clinical research professional (CRP) training and role development needs in the academic medical center socio-technical ecosystem.



HOW?

As an AMC, how do you hire, train, onboard if you don't know who the clinical research professionals are?



Creating a Professional Identity



2014

Joint Task Force for Clinical Trial Competency publishes competency framework with 8 domains. Duke adapts to 12 competency-based job classifications for clinical research professionals.



2016

Clinical Research Professionals Working Group (CRPWG) maps Duke CRPs into job classifications, professional network (RPN) is established, Title Picker Launched.



2018

CRPWG launches advancement pathway. WE-R is established as a program to maintain CR professional development initiatives.



2019

WE-R begins systematically aligning training with competencies and identifying training gaps.



2021

WE-R launches comprehensive onboarding plans.



2022

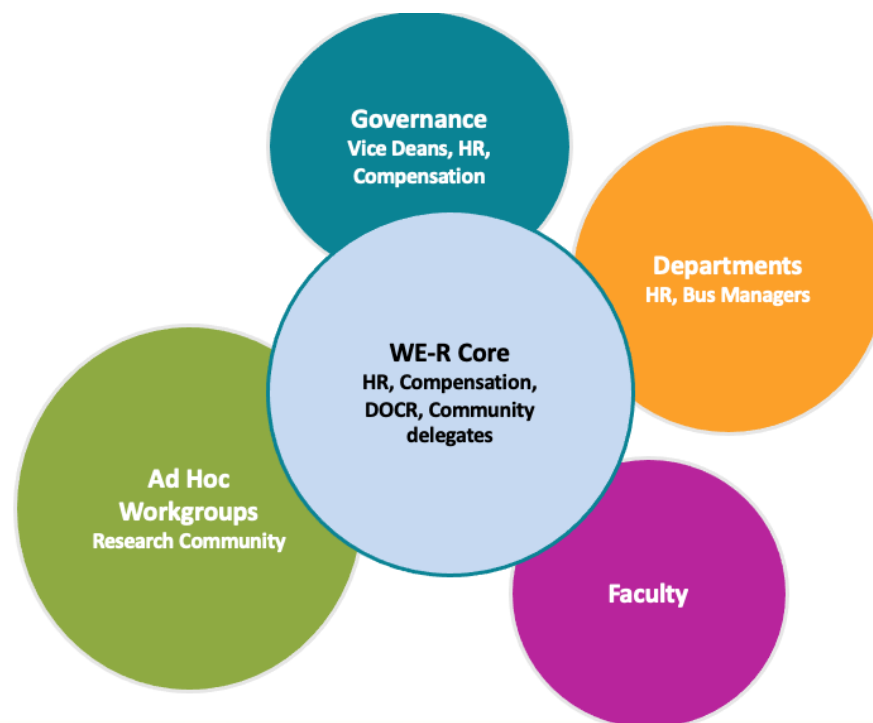
WE-R launches new hire co-horts.

2014 – Taking Hold – A Path Forward

JTF Framework



Leadership Buy-In



Duke-ifying Competencies



Safety & Ethics (Shield icon)

- + Adverse Events
- + Consent Procedures
- + Development of the Informed Consent Documentation and Plan
- + Navigating the Ethics Review Process (IRB)
- + Sponsor/Regulatory Reporting

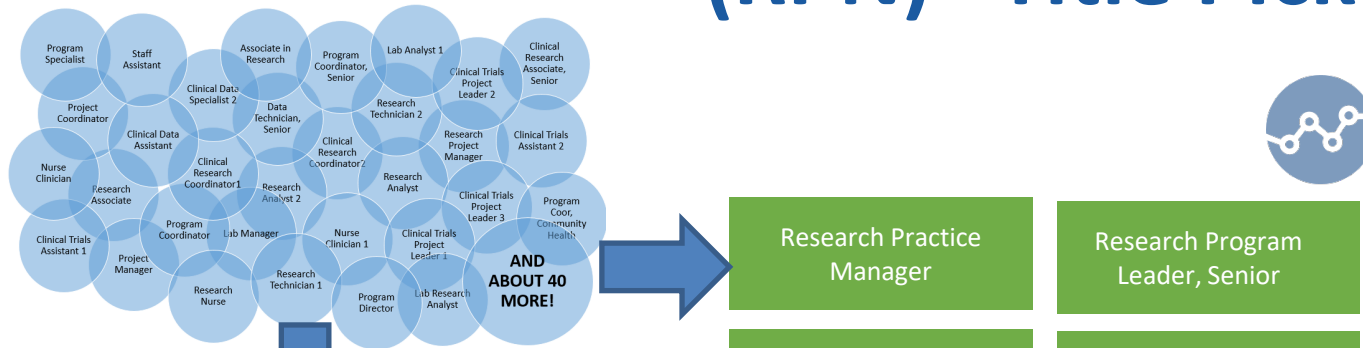
Sonstein S, Seltzer J, Li R, et al. Moving from compliance to competency: a harmonized core competency framework for the clinical research professional. *Clin Res.* 2014;28(3):17–23.

Two Years of Groundwork

What did we aim to do?

- Updating job descriptions so they more accurately reflect responsibilities
- Identifying competencies and performance criteria within the classifications
- Defining career ladder and career progression
- Ensuring staff members performing clinical research functions are appropriately classified
- Mapping currently held positions into reworked job classifications
- Incorporating job classifications across Schools of Medicine and Nursing for new hires in these roles

2016 Workforce Mapped, Research Professionals Network (RPN) Title Picker Launched



903 Clinical Research Professionals
45% CRCs (Q3FY23)



- Regulatory Coordinator, Senior
- Regulatory Coordinator
- Clinical Research Nurse Coordinator, Senior
- Clinical Research Nurse Coordinator
- Clinical Research Coordinator, Senior
- Clinical Research Coordinator
- Clinical Research Specialist, Senior
- Clinical Research Specialist

Brouwer RN et al. (2017). Using Competencies to Transform Clinical Research Job Classifications. Journal of Research Administration. Fall 2017; 48(2):11-25.



REDCap Title Picker

Research Electronic Data Capture
provides suggested title based on numerical calculations and rules

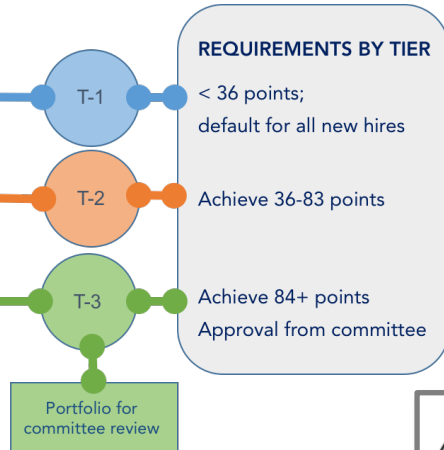
2,009 submitted since 2016

Denotes tiered position, which requires competency assessment to advance in tiers

2018 Tier Advancement – Focus on Professional Development

FUN	SKI	ADV	EXP
1	2	4	8

Based on level achieved, candidate receives 1, 2, 4, or 8 points for each competency passed



Since 2018, **281** staff have tier advanced

Components:

- Driven by employee
- Build competencies without position change
- Objective measures & proctored testing
- Tier 1 to 2 – **3% raise**
- Tier 2 to 3 – **5% raise**

Deeter C, Hannah D, Reyes C, Mack ME, Stroo M, Freel SA, Brouwer RJN, Gaudaur HE, Doughty AL, Snyder DC. Professional Development for Clinical Research Professionals: Implementation of a Competency-Based Assessment Model. *Journal of Research Administration*. Spring 2020; 51(2). Epub 2020 September



Building Community

“I am grateful for your and WE-R’s leadership in this program, which supports Duke research professionals like myself and therefore our institution as a whole. I feel it has done a lot to shape our research culture and establish high standards in ethics, professionalism, leadership, compliance, effective and harmonious work, scientific integrity, successful research operations, equity & inclusion, and good clinical practices!”

-Charlotte

2019 Align Training with Competencies

Competency Training

The [Competency Training page](#) below. Click on a domain to find the Competency Training page. Also found on the [WE-R Tier Advan](#)

Research Operations

Safety & Ethics

Data

Scientific Concepts

Site & Study Management



Strategies to Support Retention of Clinical Research Participants

- Introduction
- What is Participant Retention and Why is it Important?
- Strategies to Retain Research Participants
- Setting Clear Study Expectations
- The Importance of Continuation
- Resources and Conclusion

Introduction



Jessica Cranfill

Welcome to *Strategies to Support Retention of Clinical Research Participants!*

The purpose of this online module is to provide clinical research study teams with the foundational information needed to implement strategies for participant retention. There are resources and tools within this course that will help you as you work through this critical part of your role.



Participant Retention

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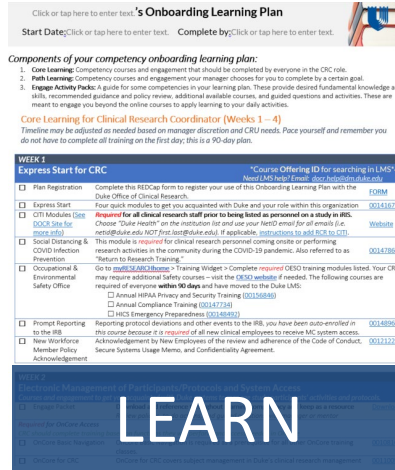
Developed in... complete. The teams can... are resources and work through this

-DOCR |

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studies

2021 Comprehensive onboarding plans



CRS Express Start Module 1: What is a Clinical Research...

INTRODUCE



2022 New hire cohorts



BUILD RELATIONSHIPS



RECRUITMENT AND SCREENING

MANAGER / MENTOR REVIEW

- Record any questions about recruitment for discussion with manager/mentor.
- List the resources available for help with recruitment.
- Upon reviewing the Just Ask module, why is it important for your protocol?

RECRUITMENT AND SCREENING

TO DO ACTIVITIES AND SUGGESTIONS	DESIRED KNOWLEDGE	DESIRED SKILLS
<ul style="list-style-type: none"> Shadow a manager/colleague and meet to discuss and engagement practices on a specific protocol How is accreditation managed in CRU/CR? What are the different accreditation bodies in CRU? Are there any exceptions or specific in CRU? How is Mentor Care used for recruitment? Do we have a current plan for diversity or inclusion? Review protocols for inclusion/exclusion criteria. What does it mean to have inclusion addition to sponsor approval? 	<ul style="list-style-type: none"> Identify policies related to recruitment and participant engagement. Recognize the process for obtaining approval for recruitment materials. Recognize the importance of diversity and inclusion of under-represented groups in research studies. Find relevant tools and resources at Duke for help with Recruitment, Engagement, and Diversity plans. Recognize inclusion and exclusion criteria for studies. 	<ul style="list-style-type: none"> Successfully negotiate available resources at Duke to recruit and engage participants. Create accessible and inclusive materials that are approved by the IRB. Incorporate a diversity lens into contributions to study recruitment plans.
RECOMMENDED POLICIES, GUIDANCE, AND TOOLS	RELATED COURSES	
<ul style="list-style-type: none"> Review IRB Policies 	<ul style="list-style-type: none"> Recruitment and Engagement 	

APPLY



62% of new hires volunteer to participate in New Hire cohorts (122 total since Jan 22)

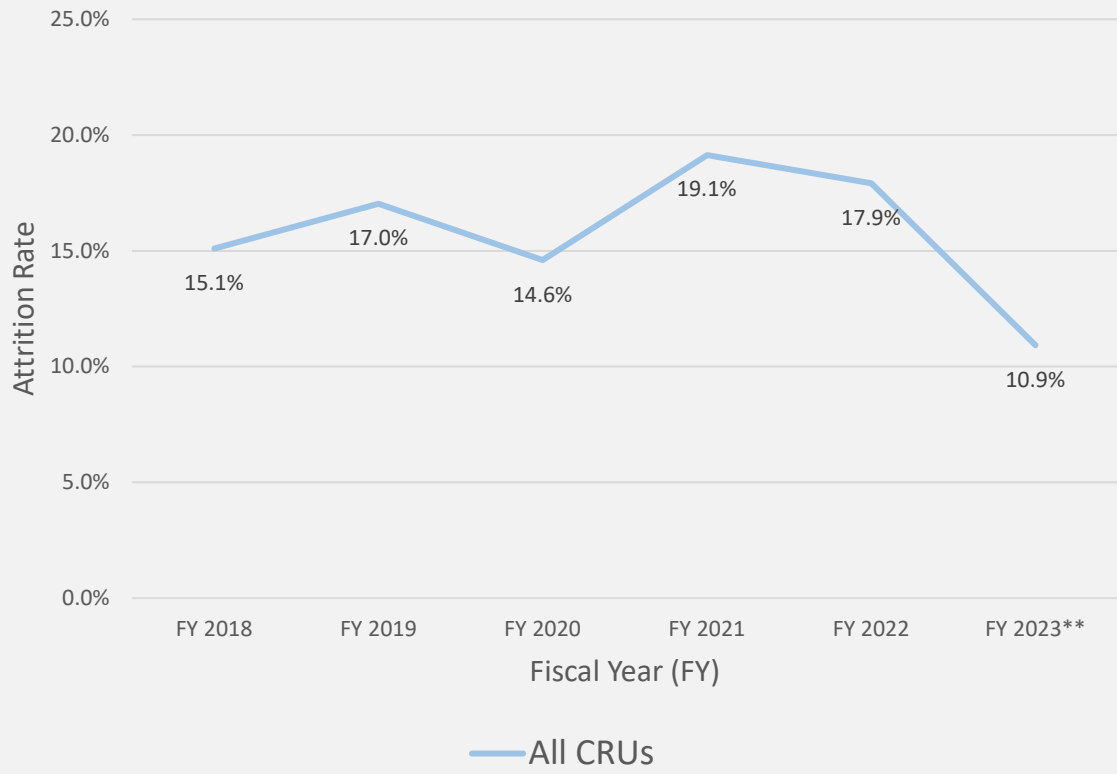
How has WE-R Helped?

- Expand to other areas of clinical research support
 - Clinical Research Data Management (underway) – expected end of calendar year
- Ability to pivot people for immediate research (COVID-19)
 - Floater employee option in DOCR
 - Match project – based on skill inventory from CRPs
 - Dissemination of information and training – easily identified through 12 job classifications
- Employees recognize advancement and growth opportunities
- Budgeted support for WE-R program from CRUs, DOCR, HR & Compensation
- FY22 Market analysis across the WE-R jobs led to 9% adjustment for all CRP positions

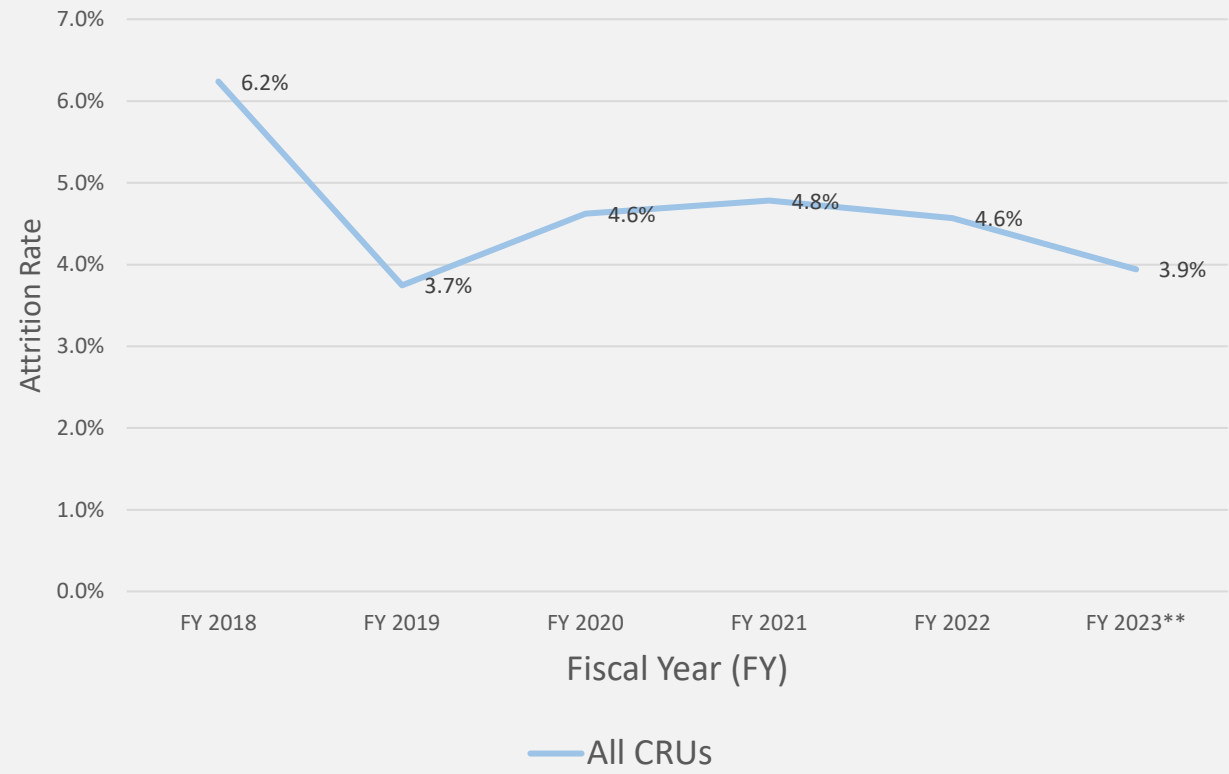
How has WE-R Helped?

3-year prior avg 23%

CRU Attrition Rates (Voluntary Terminations)



Internal Turbulence Rates (Outgoing Transfers)



Working with HR

- Make them a partner in the process!
- Bring school and/or enterprise-wide HR in early
 - Allow them to help you frame different functional roles
 - Build leadership support and visibility to the project
- Make room and provide a seat at the table
 - Involve in implementation costing
 - Provide HR data (i.e. Turnover, time to fill, recruitment challenges) to support the cause
- Insight into how to mirror or customize existing processes in other career pathways or clinical ladder processes



What's at stake?

Generating medical evidence – stalls out



Clinical Trials

Volume 20, Issue 1, February 2023, Pages 3-12

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<https://doi.org/10.1177/17407745221147689>



Perspective

Now is the time to fix the evidence generation system

Robert M Califf 

Abstract

Despite enormous advances in biomedical science, corresponding improvements in health outcomes lag significantly. This is particularly true in the United States, where life expectancy trails far behind that of other high-income countries. In addition, substantial disparities in life expectancy and other health outcomes exist as a function of race, ethnicity, wealth, education, and geographic location. A major reformation of our national system for generating medical evidence—the clinical research enterprise—

Coming SOON!

Freel, SA, Snyder DC, Bastarache, K, Jones, CT, Marchant, M, Rowley, L, Sonstein, SA, Lipworth, K, Landis, S. Now is the time to fix the clinical research workforce crisis. Accepted for publication in Clinical Trials 2023

A 'Perfect Storm' of Issues

Professional Identity

Lack of a clear professional identity, and lack of recognition as a profession by the US Bureau of Labor & Statistics.

Infrastructure

No standardized pathway into the profession and baseline terminology for clinical research roles, no centrally funded training programs or continuing education, and no mandatory qualifications.

Recognition (VALUED)

'Hidden in plain sight': non-faculty clinical research professionals are generally overlooked as key stakeholders in the clinical research ecosystem.

Remuneration

In contrast with the biotech industry and CROs, pay ceilings at academic medical centers, dictated by static research grants, act as a deterrent to recruiting and retaining staff.

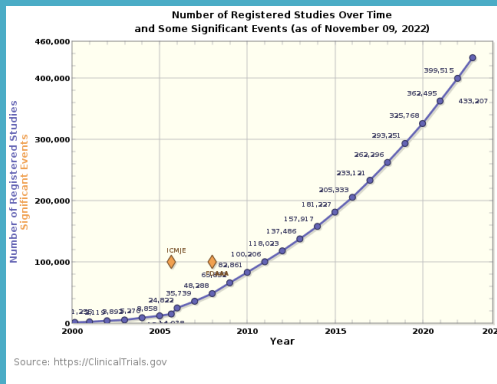
Recruitment

Highly varied hiring requirements and barriers to recruitment, often based on number of years of experience rather than competencies, are further stalling an already strained recruitment process.

The Pressure on the Workforce is Set to Intensify Even Further

Growing number of trials

The number of clinical trials registered worldwide has risen exponentially (from 2,119 in 2000 to 433,207 in 2022) and shows no signs of slowing.¹



Increasing protocol complexity

A study by the Tufts Center for the Study of Drug Development noted a threefold rise in the number of data points collected in Phase 3 trials over the past decade.

In addition, for all trial phases, an increase in the mean number of protocol deviations and substantial amendments, which are notoriously labor-intensive.^{2,3}

Increasingly specialized roles

Surging expectation for trials powered by innovative technology (eg telemedicine, internet-enabled patient wearables) has created new requirements for specialist skills.

In 2022, there was a 28% increase in demand for decentralized clinical trials (DCTs) vs 2021.⁴

In July 2022, close to 30% of all new postings for CR roles didn't fit a traditional job description.^{5,6}

1. <https://www.clinicaltrials.gov/ct2/resources/trends>; 2. <https://acrpn.net/2021/05/05/clinical-trial-complexity-levels-show-unrelenting-increase/>; 3. <https://www.centerwatch.com/articles/25462-increasing-protocol-complexity-requires-adapting-quality-metrics-tools>; 4. <https://www.clinicaltrialsarena.com/analysis/2022-forecast-decentralised-trials-to-reach-new-heights-with-28-jump/>; 5. <https://myscrs.org/resources/sites-now/exploring-the-current-clinical-workforce/>; 6. Johnson E. Contemp Clin Trials 2022;120:106878.

Top Priorities



Develop identity and increase awareness of the profession



Support clinical research industry-wide acceptance of entry-level talent



Shift focus from duration of experience to competencies



Create clear pathways for new workforce entrants to gain relevant experience and become aware of truly entry-level jobs



Generate formal communications and public visibility of the workforce crisis



When the CRP decides to leave

What now?



Departures Lead to Hiring Opportunities

- Examine your team's needs
 - What's missing?
 - What has changed?
 - What initiatives are planned?
 - Is it time to backfill? Do you pause? Rework the job?
- Reassess position
 - What do you want this person to do?
 - What strengths or talents are you looking for?
 - What are the team dynamics?

Recruitment & Hiring – What About “Talent” ?

- **Talent definition:** natural aptitude, an inner quality emerges without effort
- **Skill definition:** an acquired ability, learned with effort
- Research suggests genes play a role forming the way individuals respond to stimuli and seek out specific experiences.
- The environment is equally important for talent identification and development. A talent becomes an enduring ability only with effort and practice.

Talent (& Skill) Examples

- Writing
- Researching
- Brainstorming
- Inspiring
- Self-managing
- Networking
- Innovating
- Listening
- Negotiating
- Programming
- Rational thought, emotional intelligence, visual thinking, decision making, and situational intelligence
- Exceptional intuition and skill



Recruitment & Hiring – Talent

- **Be specific about talents and skills you're looking for.**
 - Identify all the skills that will help an employee to shine in a particular role.
 - Distinguish between must-haves and nice-to-haves.
- **Look beyond typical requirements.**
 - Previous work experience and education are not always reliable criteria.
 - Look at hobbies and interests in candidates' resumes.
 - Turn to your network for referrals.
- **Interviews matter.**
 - Prepare, prepare, prepare.
 - Ask all candidates talent- and skill-relevant questions.
- **Identify candidates' mental strengths.**
 - Look for resilience, grit, and positive mindset.
 - Use the STARR model (Situation, Task, Action, Result, and Reflection).
 - Ask behavior focused questions.

Hiring – General Considerations

- **Relevant education and experience**
 - Do you need someone with a background in clinical research, can you teach the skills? Team-oriented? Systems knowledge (OnCore, eReg, REDCap, <fill in your software>?)
- **Strong communication skills**
 - Role requires regular interaction with study research teams and other staff across your AMC (e.g., IRB)
 - Excellent verbal and written communication skills
 - Able to effectively communicate complex information
- **Attention to detail**
 - Documentation, data entry, regulatory, protocols...details matter
- **Adaptability**
 - Hire individuals who are adaptable and open to new ideas and approaches.
 - Consider individuals who have a willingness to learn and grow in their role
- **Ethical conduct**
 - Hire individuals who are trustworthy and have a strong commitment to ethical conduct

Hiring – What else matters? Good Humans

- Our team matters – we do not want to hire people who think they are better than the team. We are better together.
- We believe research changes care – everyone's role in clinical research elevates our ability to conduct trials that change the standard of care.
- Good humans are kind to all people.

Onboarding

- We have a central SOP that we follow for all team members to onboard
- Individual teams have job specific training plans
- Combination of independent learning and 1:1 training side by side with a mentor
- Daily touch points, especially in this virtual world
- Quickly make them feel part of the team
- Give them a soft landing!

Be Engaged - Encourage Development - Prevent Burnout

- Take the lead in change
- Provide opportunities to present internally - start small with team meetings
- Look for innovative improvements that can be shared internally
- Consider submitting abstracts for posters or presentations
- Encourage staff to get involved in external consortiums, peer AMC groups
- Oversee workload – encourage communication

Make Clinical Research More Human – What Matters?

- Establish meaningful connections through the work we do
- Share the same values
- Compensate fairly for work and above-and-beyond efforts
- Assist in building in their skills
- Provide necessary support to flourish without burning out

Takeaways



Timing of infrastructure & building trust



Changing the research culture



Barriers to recruitment & retention of staff



Consider competency-based jobs with career ladders



How do you get involved?



What's at stake if we don't do something?



Hiring – good humans and talent



Thank you!

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